

## Size Guide



Guide To Determine Your Child's Sportswear Size:

**BEST PRACTICE:** For the best results we recommend that accurate **actual body measurements** are taken before choosing your child's games kit. Having the correct size provides you with the flexibility of ordering your Falcon Sportswear kit on-line or at your school.



**Helpful Measuring Tips.** These tips should be read in conjunction with the respective garments below.

**CHEST:** Place the tape around the largest part of the chest making sure the tape is under the arms.

**WAIST:** Place the tape around the waist making sure you are measuring the natural contour above the hip.

**HIP:** Place the tape around the hips, approximately 17cm (7") below the waistline.



**SKORT LENGTH:** Measure from the waist down to where you would want the hem.

**SPORTS DRESS / PINAFORE:** Measure the required length from the nape of the neck.

**COLLAR:** Place the tape at the base of the neck. Measure around where the collar sits. Don't forget to allow for growth by inserting two fingers between the neck and tape.



**TRACK PANT LENGTH:** Place the tape on the inside leg at the crotch. Measure down to floor. Child should be in bare feet.

**SKORT LENGTH:** Measure from the waist down to where you want the hem

**SPORTS DRESS:** Measure the required length from the nape of the neck.



**HEIGHT:** Place the tape on top of the head to the ground. Although children may have the same age they do not always have the same height. Ensure children have bare feet for an accurate height measurement.

Y10/Y11/Y12 Primary Tees



Product Measurements (cm)

Chest Size	18/20"	22/24"	26/28"	30/32"	32/34"	34/36"	38/40"
A. Chest circumference	64cm	69cm	74cm	87cm	92cm	97cm	110cm
B. Body length	49cm	51cm	54cm	59cm	63cm	67cm	74cm

\*These figures are indicative only and some variation should be expected, due to fabric stretch and production tolerances.

Measuring Guide



- A. Chest circumference: Measured 2.5cm below the armhole and then doubled
- B. Body length: Measured on the reverse from high shoulder point

Notes:

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G915 Active+ T-shirt



Product Measurements (cm)

Chest Size	18/20"	22/24"	26/28"	30/32"	32/34"	34/36"	38/40"	42/44"	46/48"
A. Chest circumference	64cm	69cm	74cm	87cm	92cm	97cm	110cm	117cm	127cm
B. Body length	46cm	51cm	54cm	59cm	64cm	69cm	74cm	77cm	77cm

\*These figures are indicative only and some variation should be expected, due to fabric stretch and production tolerances.

Measuring Guide



- A. Chest circumference: Measured 2.5cm below the armhole and then doubled
- B. Body length: Measured on the reverse, from high shoulder point

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G916 Active+ Polo Shirt



Product Measurements (cm)

Chest Size	18/20"	22/24"	26/28"	30/32"	32/34"	34/36"	38/40"	42/44"	46/48"
A. Chest circumference	64cm	69cm	74cm	87cm	92cm	97cm	110cm	117cm	127cm
B. Body length	46cm	51cm	54cm	59cm	64cm	69cm	74cm	77cm	77cm

\*These figures are indicative only and some variation should be expected, due to fabric stretch and production tolerances.

Measuring Guide



- A. Chest circumference: Measured 2.5cm below the armhole and then doubled
- B. Body length: Measured on the reverse, from high shoulder point

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P237 Active+Short



Product Measurements (cm)

Waist Size	18/20"	20/22"	22/24"	24/26"	28/30"	32"	34"	36"	38"	40"
A -Waist Size	44cm	46cm	49cm	51cm	56cm	59cm	61cm	64cm	67cm	69cm
B -Leg length	27cm	30cm	34cm	36cm	39cm	41cm	42cm	44cm	45cm	46cm

\*These figures are indicative only and some variation should be expected, due to fabric stretch and production tolerances.

Measuring Guide



- A. Waist circumference: Measure un-stretched on the waistband and then doubled
- B. Leg: Measured flat, from the top of the seam to the hem

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GB250 Spirit 1/4 Zip Top



Product Measurements (cm)

Chest Size	26/28"	30/32"	32/34"	34/36"	38/40"	42/44"	46/48"
A. Chest circumference	82cm	92cm	97cm	102cm	117cm	127cm	138cm
B. Body length	53cm	60cm	63cm	67cm	74cm	78cm	82cm

\*These figures are indicative only and some variation should be expected, due to fabric stretch and production tolerances.

Measuring Guide



A. Chest circumference: Measured 2.5cm below the armhole and then doubled  
 B. Body length: Measured on the reverse, from high shoulder point

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B550 Spirit Panelled Hoodie



Product Measurements (cm)

Chest Size	26/28"	30/32"	32/34"	34/36"	38/40"	42/44"	46/48"
A. Chest circumference	82cm	92cm	97cm	102cm	117cm	127cm	138cm
B. Body length	53cm	60cm	64cm	67cm	74cm	78cm	82cm

\*These figures are indicative only and some variation should be expected, due to fabric stretch and production tolerances.

Measuring Guide



A. Chest circumference: Measured 2.5cm below the armhole and then doubled  
 B. Body length: Measured on the reverse, from high shoulder point

Notes:

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G203 Spirit Skort

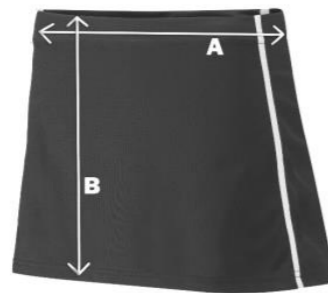


Product Measurements (cm)

Waist Size	22"	24"	26"	28"	30"	32"	34"	36"	38"
A. Waist in cm's	56cm	61cm	66cm	71cm	76cm	81cm	86cm	91cm	96cm
B. Length	33.5cm	36.5cm	37.5cm	38.5cm	39.5cm	39.5cm	40.5cm	40.5cm	41.5cm

\*These figures are indicative only and some variation should be expected, due to fabric stretch and production tolerances.

Measuring Guide



- A. Waist circumference: Measured on the waistband and then doubled
- B. Length: Measured flat, from the top of the waistband to the hem

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G920 Spirit Sports Polo



Product Measurements (cm)

Chest Size	26/28"	30/32"	32/34"	34/36"	38/40"	42/44"	46/48"
A. Chest circumference	74cm	87cm	92cm	97cm	110cm	117cm	127cm
B. Body length	54cm	59cm	63cm	67cm	74cm	77cm	77cm

\*These figures are indicative only and some variation should be expected, due to fabric stretch and production tolerances.

Measuring Guide



- A. Chest circumference: Measured 1cm below the armhole and then doubled
- B. Body length: Measured on the reverse, from high shoulder point

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G925 Girl's Spirit Sports Polo



Product Measurements (cm)

Chest Size	26/28"	30/32"	32/34"	34/36"	38/40"	42/44"	46/48"
A. Chest circumference	74cm	84cm	90cm	94cm	105cm	115cm	125cm
B. Body length	54cm	56cm	58cm	59cm	61cm	64cm	67cm

\*These figures are indicative only and some variation should be expected, due to fabric stretch and production tolerances.

Measuring Guide



- A. Chest circumference: Measured 1cm below the armhole and then doubled
- B. Body length: Measured on the reverse, from high shoulder point

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P230/P231/P233 Spirit Short

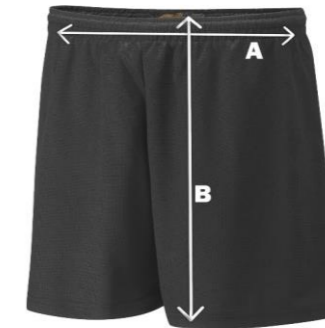


Product Measurements (cm)

Waist Size	24/26"	28/30"	32"	34"	36"	38"	40"
A -Waist Size	51cm	56cm	59cm	61cm	64cm	67cm	69cm
B -Leg length	36cm	39cm	41cm	42cm	44cm	45cm	46cm

\*These figures are indicative only and some variation should be expected, due to fabric stretch and production tolerances.

Measuring Guide



- A. Waist circumference: Measured un-stretched on the waistband and then doubled
- B. Leg: Measured flat, from the top of the seam to the hem

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R150 Reversible Sports Top



Product Measurements (cm)

Chest Size	26/28"	30/32"	32/34"	34/36"	38/40"	42/44"	46/48"
A. Chest circumference	77cm	87cm	89cm	97cm	107cm	117cm	127cm
B. Body length	56cm	61cm	64cm	69cm	74cm	77cm	79cm

\*These figures are indicative only and some variation should be expected, due to fabric stretch and production tolerances.

Measuring Guide



- A. Chest circumference: Measured 1cm below the armhole and then doubled
- B. Body length: Measured on the reverse, from high shoulder point

Notes:

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R200 Reversible Sports Top



Product Measurements (cm)

Chest Size	26/28"	30/32"	32/34"	34/36"	38/40"	42/44"	46/48"
A. Chest circumference	77cm	87cm	89cm	97cm	107cm	117cm	127cm
B. Body length	56cm	61cm	64cm	69cm	74cm	77cm	79cm

\*These figures are indicative only and some variation should be expected, due to fabric stretch and production tolerances.

Measuring Guide



- A. Chest circumference: Measured 1cm below the armhole and then doubled
- B. Body length: Measured on the reverse, from high shoulder point

Notes:

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T008 Panelled Rain Jacket



Product Measurements (cm)

Chest Size	22/24"	26/28"	30/32"	34/36"	38/40"	42/44"	46/48"
A. Chest circumference	85cm	95cm	105cm	115cm	125cm	133cm	141cm
B. Body length	48cm	56cm	65cm	70cm	75cm	79cm	82cm

\*These figures are indicative only and some variation should be expected, due to fabric stretch and production tolerances.

Measuring Guide



- A. Chest circumference: Measured 2.5cm below the armhole and then doubled
- B. Body length: Measured on the reverse, from high shoulder point

Notes:

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ZR10 Encore T-shirt



Product Measurements (cm)

Chest Size	18/20"	22/24"	26/28"	30/32"	32/34"	34/36"	38/40"	42/44"	46/48"
A. Chest circumference	64cm	69cm	74cm	87cm	92cm	97cm	110cm	117cm	127cm
B. Body length	49cm	51cm	54cm	59cm	63cm	67cm	74cm	77cm	77cm

\*These figures are indicative only and some variation should be expected, due to fabric stretch and production tolerances.

Measuring Guide



- A. Chest circumference: Measured 2.5cm below the armhole and then doubled
- B. Body length: Measured on the reverse, from high shoulder point

Notes:

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ZR15 Encore L/S Jersey



Product Measurements (cm)

Chest Size	22/24"	26/28"	30/32"	32/34"	34/36"	38/40"	42/44"	46/48"
A. Chest circumference	69cm	74cm	87cm	92cm	97cm	110cm	117cm	127cm
B. Body length	51cm	54cm	59cm	63cm	67cm	74cm	77cm	77cm

\*These figures are indicative only and some variation should be expected, due to fabric stretch and production tolerances.

Measuring Guide



- A. Chest circumference: Measured 2.5cm below the armhole and then doubled
- B. Body length: Measured on the reverse, from high shoulder point

Notes:

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ZR20 Encore Unisex Polo



Product Measurements (cm)

Chest Size	18/20"	22/24"	26/28"	30/32"	32/34"	34/36"	38/40"	42/44"	46/48"
A. Chest circumference	64cm	69cm	74cm	87cm	92cm	97cm	110cm	117cm	127cm
B. Body length	49cm	51cm	54cm	59cm	63cm	67cm	74cm	77cm	77cm

\*These figures are indicative only and some variation should be expected, due to fabric stretch and production tolerances.

Measuring Guide



- A. Chest circumference: Measured 1cm below the armhole and then doubled
- B. Body length: Measured on the reverse, from high shoulder point

Notes:

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ZR25Encore Fitted Polo



Product Measurements (cm)

Chest Size	18/20"	22/24"	26/28"	30/32"	32/34"	34/36"	38/40"	42/44"	46/48"
A. Chest circumference	54cm	54cm	74cm	84cm	89cm	94cm	105cm	115cm	125cm
B. Body length	49cm	51cm	54cm	56cm	58cm	59cm	61cm	64cm	67cm

\*These figures are indicative only and some variation should be expected, due to fabric stretch and production tolerances.

Measuring Guide



- A. Chest circumference: Measured 1cm below the armhole and then doubled
- B. Body length: Measured on the reverse, from high shoulder point

Notes:

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ZR35Encore Track Pant



Product Measurements (cm)

Waist Size	18/20"	22/24"	24/26"	26/28"	28/30"	30/32"	32/34"	36/38"	38/40"
A. Waist Size	55cm	60cm	64cm	68cm	72cm	74cm	78cm	82cm	86cm
B. Leg length	55cm	61cm	66cm	71cm	73cm	73cm	75cm	77cm	77cm

\*These figures are indicative only and some variation should be expected, due to fabric stretch and production tolerances.

Measuring Guide



- A. Waist circumference: Measured un-stretched on the waistband and then doubled
- B. Inside leg: Measured flat, from the top of the seam to the hem

Notes:

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ZR38 Encore Legging



Product Measurements (cm)

Waist Size	18/20"	22/24"	24/26"	26/28"	28/30"	30/32"	32/34"	34/36"	38/40"
A. Waist Size	44cm	52cm	56cm	60cm	64cm	68cm	72cm	76cm	80cm
B. Leg length	80cm	82cm	83cm	84cm	85cm	86cm	87cm	88cm	89cm

\*These figures are indicative only and some variation should be expected, due to fabric stretch and production tolerances.

Measuring Guide



- A. Waist circumference: Measured un-stretched on the waistband and then doubled
- B. Leg: Measured flat, from the top of the seam to the hem

Notes:

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ZR40 Encore Hoodie



Product Measurements (cm)

Chest Size	22/24"	26/28"	30/32"	32/34"	34/36"	38/40"	42/44"	46/48"
A. Chest circumference	72cm	82cm	92cm	97cm	102cm	117cm	128cm	138cm
B. Body length	49cm	53cm	60cm	64cm	67cm	74cm	78cm	82cm

\*These figures are indicative only and some variation should be expected, due to fabric stretch and production tolerances.

Measuring Guide



- A. Chest circumference: Measured 2.5cm below the armhole and then doubled
- B. Body length: Measured on the reverse, from high shoulder point

Notes:

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ZR45 Encore 1/4 Zip Top



Product Measurements (cm)

Chest Size	22/24"	26/28"	30/32"	32/34"	34/36"	38/40"	42/44"	46/48"
A. Chest circumference	82cm	87cm	97cm	102cm	107cm	112cm	120cm	127cm
B. Body length	51cm	54cm	59cm	63cm	67cm	69cm	73cm	75cm

\*These figures are indicative only and some variation should be expected, due to fabric stretch and production tolerances.

Measuring Guide



A. Chest circumference: Measured 2.5cm below the armhole and then doubled  
 B. Body length: Measured on the reverse, from high shoulder point

Notes:

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ZR46 Encore Full Zip Top



Product Measurements (cm)

Chest Size	22/24"	26/28"	30/32"	32/34"	34/36"	38/40"	42/44"	46/48"
A. Chest circumference	82cm	87cm	97cm	102cm	107cm	112cm	120cm	127cm
B. Body length	51cm	54cm	59cm	63cm	67cm	69cm	73cm	75cm

\*These figures are indicative only and some variation should be expected, due to fabric stretch and production tolerances.

Measuring Guide



A. Chest circumference: Measured 2.5cm below the armhole and then doubled  
 B. Body length: Measured on the reverse, from high shoulder point

Notes:

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ZR50 Encore Short



Product Measurements (cm)

Waist Size	18/20"	20/22"	24/26"	28/30"	32"	34"	36"	38"	40"
A -Waist Size	44cm	46cm	51cm	56cm	61cm	61cm	67cm	67cm	72cm
B -Leg length	27cm	30cm	36cm	39cm	41cm	44cm	44cm	46cm	46cm

\*These figures are indicative only and some variation should be expected, due to fabric stretch and production tolerances.

Measuring Guide



A. Waist circumference: Measured un-stretched on the waistband and then doubled  
 B. Leg: Measured flat, from the top of the seam to the hem

Notes:

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ZR60 Encore Skort

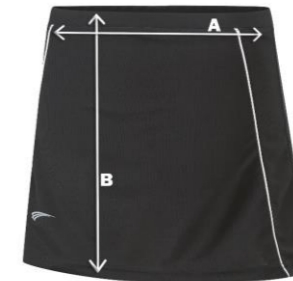


Product Measurements (cm)

Waist Size	22"	24"	26"	28"	30"	32"	34"	36"	38"
A. Waist in cm's	56cm	61cm	66cm	71cm	76cm	81cm	86cm	91cm	96cm
B. Length	33.5cm	36.5cm	38.5cm	38.5cm	39.5cm	39.5cm	40.5cm	40.5cm	41.5cm

\*These figures are indicative only and some variation should be expected, due to fabric stretch and production tolerances.

Measuring Guide



A. Waist circumference: Measured on the waistband and then doubled  
 B. Length: Measured flat, from the top of the waistband to the hem

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# Sportswear

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